



September 2023



SEPTEMBER

DEACON OF THE MONTH

Mary Oswalt

FISH FOOD

Cereals




SOLVE THE RIDDLE

You will always find me
in the past, I can be
created in the present
but the future will never
change me. What am I?

Stumped?

See page 5 for the answer.

As you enjoy reading this
month's Bell, try to
find the hidden cross. 

THE CHURCH BELL

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"In the past, God spoke to our people through the prophets. He spoke at many times. He spoke in different ways. But in these last days, he has spoken to us through his Son." Hebrews 1:1-2

Pete Greig, pastor of the Emmaus Church in the United Kingdom and founder of the worldwide 24/7 Prayer Movement and the Lectio 365 APP, said that the most important thing for God's people today is to be able to hear and discern God's voice. As the scripture above mentions, that previously God spoke to his people through a variety of ways whether it was the words of the prophets, dreams, angels, creation, etc. Today, God has spoken and continues to speak to us through Jesus.

But how do we hear God's voice and be able to follow it?

That is the question that we will focus on in the coming season in worship. I will be preaching through Pete Greig's book, *How to Hear God, A Simple Guide for Normal People*. This is a very accessible book that I highly encourage. It has taught me to slow down and be more attentive to the many ways that the Lord attempts to reach our attentions.

Through this fall preaching series, we will explore topics like hearing God's word in Jesus, hearing God's word in the Bible, hearing God's word in prayer through lectio divina, hearing God's word in prophecy, hearing God's whisper, hearing God's whisper in dreams and the unconscious, hearing God's whisper in community, creation, and culture, and finally, the word, the whisper and the way. All of this is couched in the Gospel of Luke when the disciples encountered the risen Jesus on the road to Emmaus immediately following his death and resurrection. We will also hear about how God spoke through Saul's transformation, Peter's vision to include gentiles, the prophet Isaiah's call, the Lord appearing to Elijah, Jacob's dream, Samuel's call, and Moses and the burning bush.

This is such an important skill to cultivate that at the end of each of our session meetings, we pause from our work to listen to how the Spirit of the Lord is speaking to us through the conversations we've just had, the decisions we've just made, and the calls we've just answered. It is always fascinating to me to listen to how each elder was processing everything that we had just taken in.

My hope and prayer is that as we as an entire community of faith might cultivate this skill more and more in our own lives and in the life of our church. It will certainly help us to discern God's voice over and above the cultural voices that are similarly demanding our attentions. Please consider reading Pete Greig's book yourself and also joining us on Sunday mornings at 9:00am for Adult Christian Education, starting Sunday September 10, 2023.

In Christ,
Rev. Dr. Chris Montovino, Pastor

FALL KICKOFF

Sept. 10 @ 9:00am Fall Kick Off with our monthly Pancake Breakfast.
 Sept. 17 @ 9:00am Fall Sunday School begins for all ages!
 Sept. 17 Top of the Hill potluck following worship. Ages 50+.

FALL SERMON SERIES/ADULT SUNDAY SCHOOL

This fall, I am excited about a sermon series that I am planning called "How to Hear God." It is based off Pete Greig's book, *How to Hear God, A Simple Guide for Normal People*. In case you aren't familiar with Pete Greig, he is the founder of the 24/7 Prayer Movement and Lectio 365 App that I listen to daily, the Emmaus Road Church, and a leader for a fresh movement of the Holy Spirit in the United Kingdom. Citing heroes as diverse as Augustine, Sojourner Truth, and Heidi Baker, Pete skillfully weaves together the insights of four great Christian traditions: the evangelical emphasis on hearing God in the Bible, the charismatic experience on hearing God in prophecy, the contemplative understanding of God's still small voice within, and the sacramental celebration of God's unending revelation in creation and culture. Please consider picking up the book now and reading through the chapters to follow along with the sermon series. Also come to our Sunday school time at 9:00am each Sunday starting in September where we will process that we read in a smaller group setting.



CHURCH WORK PARTY

Sept. 30th from 9:30-11:30 followed by pizza in the fellowship hall. There is something for all ages to do. We hope you'll join us.
"In the same way, let your light shine before people, so they can see the good things you do and praise your Father who is in heaven." Matthew 5:16
 Contact Faye at fayesalomone@gmail.com if you have questions.

AUGUST SESSION NOTES

Began with devotions on Genesis 37:18-28 and the story of Joseph being sold into slavery by his brothers. Approved fall grants for the Benevolence Board. Discussed need to replace sanctuary projectors soon. Talked about how things were settling in with two other churches using facilities. So far so good, only small issues to resolve. Looking at adding sound proofing panels to the rear sanctuary wall to improve sound issues. Exploring possibility of adding solar panels for utility use. September begins our budgeting season. Continued conversations about gender and cultural issues and the church's role. Overall, we feel called to be in the world, but not of the world. Sometimes when our biblical and cultural world views collide, it is important to always maintain the right heart posture to listen and to love others in same way Jesus loved us.

daily Devotions



Our Walk With God

Sept 1 Romans 12:9-21
 Sept 2 Romans 12:9-21

Book of Instructions

Sept 3 Exodus 12:1-14
 Sept 4 Exodus 12:1-14
 Sept 5 Psalm 149
 Sept 6 Ezekiel 33:7-11
 Sept 7 Psalm 119:33-40
 Sept 8 Romans 13:8-10
 Sept 9 Romans 13:8-10

Awesome Outcomes

Sept 10 Exodus 14:19-31
 Sept 11 Exodus 15:1b-11
 Sept 12 Genesis 50:15-21
 Sept 13 Genesis 50:15-21
 Sept 14 Psalm 103:1-13
 Sept 15 Romans 14:1-12
 Sept 16 Matthew 18:21-35

Honest to God!

Sept 17 Exodus 16:2-15
 Sept 18 Exodus 16:2-15
 Sept 19 Jonah 3:10-4:11
 Sept 20 Jonah 3:10-4:11
 Sept 21 Matthew 20:1-16
 Sept 22 Matthew 20:1-16
 Sept 23 Psalm 145:1-8

A Matter of Choice

Sept 24 Ezekiel 18:1-4, 25-32
 Sept 25 Exodus 17:1-7
 Sept 26 Philippians 2:1-13
 Sept 27 Philippians 2:1-13
 Sept 28 Philippians 2:1-13
 Sept 29 Matthew 21:23-32
 Sept 30 Psalm 25:1-9



YOUTH GROUP

September brings with it the return to youth group. I am so excited for another wonderful year! We will be returning to our Wednesday nights on September 20th and our Sunday school September 17th. This year we look forward to hosting the harvest festival, volunteering in service projects, and growing our community of youth. Once again, I thank Cordell, Greg, and Becky for all their time and support. Welcome back!

Sarah Ostrand, Youth Director

SUNDAY SCHOOL

Sunday School will be starting back up on September 17 this year! Heather will be joined by Becky Hickok to provide love and Bible stories to our elementary school-aged children. We have spent the last two years studying Bible heroes. This year, we will be starting in Genesis and studying the books of the Bible. We will be emphasizing memory verses in addition to doing lots of fun hands-on activities related to Bible stories. We'd love to have your children join us! We meet every Sunday (with the exception of pancake breakfast weekends) at 9am.

Adults, would you like to share a talent, song or testimony with our Sunday School class? We'd love to have you! Contact Heather or Becky to get on the schedule.

FALL BENEVOLENCE BOARD GRANTS

Cascades' Benevolence Board was pleased to provide grants to the following agencies and non-profits who serve homeless, food insecure, and under-resourced people in our county:

\$3,000 to the Assistance League of SW Washington for their Assault Survivor Kits which provides clothing and other immediate needs to assault victims; \$5,000 to the Giving Closet; \$5,000 to the Battle Ground Family Community Resource Coordinator Program; \$5,000 as a matching grant to Evergreen Habitat for Humanity for their September Raise the Roof Fundraiser Breakfast; \$5,000 to Family Promise of Clark County and an additional \$2,500 table sponsorship for their fall fundraiser event; \$2,000 to the Presbyterian Churches in Partnership for Heritage Farm Supplies for 2024; \$5,000 to the Council for the Homeless and the 2023-2024 Winter Housing Overflow Season; \$5,000 to the Friends of the Carpenter as a matching grant for their fall fundraiser; \$5,000 to Open House Ministries; and \$5,000 to YWCA Safe Choice Program which provides emergency housing to victims of domestic violence. We are so grateful for the resources of the Benevolence Board which are provided by a benevolent family connected to Cascades apart from our General Operating Budget.

WORD SEARCH

THE LORD'S PRAYER

EVIL
GLORY
POWER
FATHER
HALLOWED
KINGDOM
WILL
DAILY BREAD
FORGIVE
SINS
TEMPTATION

T	A	R	D	S	Y	D	K	H	D
E	E	O	E	R	I	I	X	A	K
V	T	M	O	H	N	M	E	L	R
I	E	L	P	G	T	R	S	L	E
L	G	J	D	T	B	A	X	O	W
B	Q	O	O	Y	A	V	F	W	O
R	M	Q	L	Q	I	T	M	E	P
E	V	I	G	R	O	F	I	D	Q
X	A	X	W	I	L	L	K	O	G
D	L	J	G	F	H	B	A	J	N

SPOTLIGHT ON OUR MEMBERS

They have spent their lifetime practicing their love of learning, honesty, and do-it-yourself. He, from a poor family, attended 13 different schools before meeting her in high school. Afterwards he attended 11 different colleges and earned degrees from three of them. She attended nine colleges with three degrees. They met in math class as sophomores in their Southern California high school, where 35 students were seated alphabetically, leaving him with an empty seat next to him. He had never asked a girl out before, so she asked him.



Employed as an auto mechanic in high school, he transformed his old and slow 1953 Studebaker, added a Plymouth V8 engine, a LaSalle transmission, a heavy-duty clutch, and a gear shift from an older car. He raced it at the local drag strip. Since he raced, she decided she could, too, becoming the first woman to drive at that track. Ray and Carolyn Young married just before she graduated from Occidental College, her tuition paid when he sold the car.

Ray went to school four hours a day and worked 34 hours a week. He earned his BA and MA degrees in three years, and in 1964 started teaching high school Industrial Arts in Orange County. He turned down a doctoral fellowship because he wanted to give high school kids a useful skill, not collect degrees. Carolyn's dad had told her she was allowed to be a nurse or a teacher. Since she couldn't stand the sight of blood, she taught junior high school math 25 years...until the principal told her that girls didn't have the ability for math. Both Ray and Carolyn had degrees in what is now called computer science from Cal Poly, so Carolyn went to work as a systems engineer at Hughes Aircraft, developing the first Artificial Intelligence system there in the 1980s.

They had enough of California, so in 1993 they "escaped," and bought 20 acres of land near Ridgefield, planting 850 chestnut trees. Knowing not much about growing chestnuts and making chestnut flour, they visited other US farms as well as farms in New Zealand, Australia, Italy, Croatia, and Spain. They designed and built their own production line, had 4,000 customers and produced 10,000 pounds a year. They attended Cascades Church because a high school friend, now in the Presbytery, suggested it. Pythagoras, their youngest son's basset hound led them to encourage ethical animal breeding.

They traveled extensively, first catching all 50 US states and all the Canadian provinces and territories, and eventually to China, Mongolia, Germany, Sweden, Egypt and various other countries in Africa. In 1973 they visited Europe for 10 weeks, "We spoke a little bit of 5 languages but decided we could get by with only 4 words -- gas, food, bed, and toilet. Efficient! We liked seeing the cities but most enjoyed the mountains. We wanted to climb 100 peaks but only got about 60 in the US and Europe. Our favorite peaks were the Rinnenspitze in Austria (9852 ft), our only technical climb, and Galdhopiggen (8100 ft) in Norway, which required being in a roped team to cross glaciers. Eventually we began traveling with a group where we learned about the cultures of different lands." We are so glad to know these busy people!

Submitted by Bill Honey, Elder





SEPTEMBER CALENDAR

Sept. 3	8:30am	Choir Practice
	10:15am	Worship Service
Sept. 5	12:30pm	Bowling Fellowship
	7:00pm	Deacons Meeting
Sept. 6	6:30pm	Youth Group
Sept. 7	12:30pm	Bowling Fellowship
	1:00pm	Giving Hands Ministry
Sept. 10	8:30am	Choir Practice
	9:00am	Pancake Breakfast
	10:15am	Worship Service
Sept. 12	12:30pm	Bowling Fellowship
	7:00pm	Session Meeting
Sept. 13	6:30pm	Youth Group
Sept. 14	12:30pm	Bowling Fellowship
	1:00pm	Giving Hands Ministry
Sept. 16	5:30pm	Family Game Night
Sept. 17	8:30am	Choir Practice
	9:00am	Sunday School All Ages
	10:15am	Worship Service
	11:45am	Top of the Hill
Sept. 19	12:30pm	Bowling Fellowship
Sept. 20	6:30pm	Youth Group
Sept. 21	12:30pm	Bowling Fellowship
	1:00pm	Giving Hands Ministry
Sept. 24	8:30am	Choir Practice
	9:00am	Sunday School All Ages
	10:15am	Worship Service
Sept. 26	12:30pm	Bowling Fellowship
Sept. 27	6:30pm	Youth Group
Sept. 28	12:30pm	Bowling Fellowship

BIRTHDAYS

David Dayal
Becky Hickok
Sue Holcomb
Drew Kenney
Karen Montovino
Sharon Morrison
Doris Raspa
Lynda Wittren

ANNIVERSARIES

Bob & Sherry McKusick

JULY FINANCES

Income \$21,724.55
Expenses \$20,135.38
Total \$ 1,589.17

Year to Date 2023
(\$ 12,393.20)

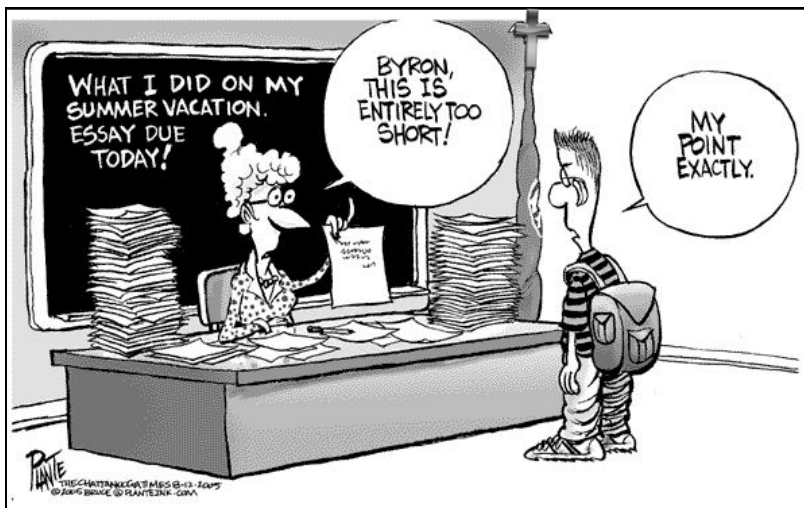
Summer's End

No flowers to plant,
No garden to tend,
As summertime lazily
Comes to an end.

It's time to sit back
and deliciously savor
The beauty of the season
and the fruits of our labor.

Farewell to summer;
for autumn make way,
With this last celebration
We call Labor Day.

Author: Nancy Hughes





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PLEASE
PLACE
STAMP
HERE

RETURN SERVICE
REQUESTED

PANCAKE BREAKFAST

Sept. 10 @ 9:00am

SUNDAY SCHOOL ALL AGES

Sept. 17 @ 9:00am

CHURCH WORK PARTY

Sept. 30 9:30-11:00am

FAMILY GAME NIGHT

Sept. 16 @ 5:30pm

TOP OF THE HILL POTLUCK

Sept. 17 @ 11:45am

SEEDLINGS POETRY WORKSHOP

Sept. 30 10:00am– Noon

SUNDAY WORSHIP

10:15am Worship Service

