



April 2024



**CASCADES**  
PRESBYTERIAN CHURCH

**APRIL**

**DEACON OF THE MONTH**

Lynda Wittren

**FISH FOOD**

Beans

Happy Spring




**SOLVE THE RIDDLES**

What do you call a cyborg bee?

What's Irish and comes out in Spring?

Stumped?  
See page 5 for the answers.

As you enjoy reading this month's Bell, try to find the hidden cross. 

# THE CHURCH BELL

Published Monthly

Volume 47, No. 4

"Brothers and sisters, we do not want you to be ignorant about those who are asleep, or to grieve like those who have no hope. We believe that Jesus died and rose again and so we believe that God will bring with Jesus those who have fallen asleep in him." 1 Thessalonians 4:13-14

I recently attended the funeral of a friend's father who died very unexpectedly. I was struck by how joyful people seemed despite their sudden loss. Indeed, the funeral was a celebration of this man's life and the Christian legacy he left behind. The reception following seemed more like a wedding reception than a wake.

We are just on the heels of Easter...the greatest day in our Church's liturgical year. Resurrection Day. This is the day when we celebrate God's greatest April Fools Joke ever. While Satan thought he had conquered Jesus, God's one and only Son, through his dying on the cross, Jesus had the final laugh over Satan by rising again from the dead. And for those of us who believe in Jesus Christ, we have that same hope for ourselves one day.

This is Good News. This is news that changes a funeral into a celebration of life and a wake into a joyful reception. This is news that turns even our most depressing days into ones filled with Jesus' glorious light.

Upon the death of his good friend Lazarus, Jesus told Lazarus' sisters, "I am the resurrection and life. Whoever believes in me will live, even though they die; and whoever lives and believes in me will never die. Do you believe this?" John 11:25-26

But do we believe this in the depths of our hearts? If so, then do we live it?

If we do, then I believe that we would live differently as God's beloved children. Since we'd have no fear of death, I believe that we would live with greater joy and peace, trusting that God would be with us wherever we go. I believe we take more risks for Jesus' sake. I believe we would even share our faith with more confidence trusting that God would cause the seeds we sow to grow.

My hope in this post Easter season is that we would live as people who truly trust in Jesus' words. Whatever happens, may we always be filled with the joyful hope of living as Resurrection people every day because, whether in life or in death, we belong to the Lord!

In Christ,

Rev. Dr. Chris Montovino, Pastor

## GROWING IN FAITH TOGETHER

### ***New Members Information Event and Welcoming Celebration***

Have you been attending Cascades Presbyterian Church and wanting to learn more about how to become a member? If so, please join us on Saturday April 6, 2024 from 9am to noon for a new members information event. We will begin with breakfast with the elders where you will learn more about what makes us tick and how we do things around here. Then on Sunday April 7, 2024 we will welcome our new members before the congregation during the worship service and have an all church celebration luncheon immediately. Child care will be available on Saturday for all who might need it. Please let us know if you will plan to attend. Come, Be Fed, Be Sent as part of Cascades' church family.

## MEN'S TEXAS HOLD'EM POKER NIGHT

Saturday April 13, 2024 5:30-9:00pm.

All the men, young (8th grade and above) and old, are welcome to join us for steak dinner and poker tournament at Chris Montovino's house. Please bring \$10 to help cover food costs. Contact Chris for more information (360) 608-0130 or [chris@caspres.org](mailto:chris@caspres.org).



## 4TH ANNUAL CRAFT AND PLANT FAIR

April 20, 2024 from 10am to 3pm. We welcome all crafters, bakers, and green thumbs to share their wares. A sign-up sheet is in the entry and will help us to plan space. Each year, we designate a charity to tithe to from our earnings. This year we will be supporting Cascades mission trip to New Hope Opportunities in San Pedro Sula, Honduras.

The Craft Fair and Plant Sale has turned into a wonderful time of fellowship and community outreach. Please join us! And if you have questions or want to help spread the word, please contact Heather Hartrim-Lowe [hhartrimlowe@hotmail.com](mailto:hhartrimlowe@hotmail.com) or 505-239-6036.



## daily Devotions



### ***On This Side of Easter***

April 1 John 20:19-31  
 April 2 1 John 1:1-2:2  
 April 3 John 20:19-31  
 April 4 1 John 1:1-2:2  
 April 5 John 20:19-31  
 April 6 Acts 4:32-35

### ***Beloved Children of God***

April 7 1 John 3:1-7  
 April 8 Psalm 4:1-8  
 April 9 Psalm 4:1-8  
 April 10 Psalm 4:1-8  
 April 11 Psalm 4:1-8  
 April 12 Psalm 4:1-8  
 April 13 1 John 3:1-7

### ***Love One Another***

April 14 1 John 3:11-12  
 April 15 1 John 3:13-15  
 April 16 1 John 3:16-17  
 April 17 1 John 3:18-20  
 April 18 1 John 3:11-22  
 April 19 1 John 3:23-24  
 April 20 1 John 4:1-4

### ***God is Love***

April 21 1 John 4:5-6  
 April 22 1 John 4:7-8  
 April 23 1 John 4:9-12  
 April 24 1 John 4:13-16  
 April 25 1 John 4:17-18  
 April 26 1 John 4:19-20  
 April 27 1 John 4:21

### ***Abiding in God's Love***

April 28 John 15:9-17  
 April 29 John 15:9-17  
 April 30 1 John 5:1-6



## ANNUAL WOMEN'S TEA

May 11, 2024 from 11am to 1pm.

The Men of Cascades welcome the Women of Cascades to a special tea luncheon held in their honor. Once again we will enjoy scones, tea sandwiches, fresh fruits, chocolate covered strawberries, and various desserts. If you are able to let us borrow your tea cups, saucers, teapots, creamer and sugars, please inform Pastor Chris. Please also mark items on the underside of each so that they can be properly returned once we are finished. Sign up on the bulletin board in the Narthex and let us know if you have any food allergies or restrictions we can accommodate.

We look forward to this chance to serve you once again.

## SPOTLIGHT ON OUR MEMBERS

Born in Ballerup, Denmark, she had a very secure, happy, and innocent childhood post-World War II. Ballerup, today part of greater Copenhagen, was a lovely little old town back then where everyone knew each other, a very nice environment in which to be raised, providing her and two older siblings with happy childhood memories.

In Hanne Karman's words: "Parkskolen was my grammar and middle school only a five-minute walk from my house. I liked going to school. Later schools were always reached by bicycle. All through grammar school, I had the same wonderful teacher, Miss Gudrun Larsen, for all subjects. She was such a wonderful, caring, and capable teacher. Later, when I returned to Denmark for visits, I never failed to visit with my old teacher until her death. In middle school I had more demanding subjects. I loved learning languages and excelled both in English and in German.



"In 1958 I applied for an American Field Service scholarship. I was a very lucky girl to be granted this, so I lived with a wonderful family in San Jose, California for one year and attended San Jose High School. Upon graduating, my year was over, and I returned to Denmark to finish up my schooling there.

"In 1961, I met up in London with a young man I had met in California where he had finished his degree in electrical engineering at Stanford University on a ROTC scholarship. He had been commissioned to the Navy's Civil Engineer Corps, Bureau of Yards and Docks, in London. I started and completed my nursing degree at Fulham Hospital in London. In 1963, we were married and, in 1965, returned to the States. In 1966 our first son, Peter, was born. In 1968, a devastating tragedy happened, as my husband, Bruce, had a reaction to anesthesia while undergoing surgery and died. I was pregnant with our second son at the time. My nursing career became my lifeline.

"10 years went by. In Westminster Presbyterian Church, West Chester, PA, I was blessed to meet Lou Karman, a widower with three grown children. We married in 1978 and spent 41 wonderful years till his death in 2019. At this point I decided to move west to be closer to family. With God's grace, I feel I have been blessed throughout my life! My two sons and their families with grandchildren Cassie, Haley, Sidney, Cade and Bridget are such blessings!

"I'm very happy I found Cascades Presbyterian Church. I felt so welcome from the first day. The congregation is so friendly and inclusive. The world is indeed small as Pastor Chris and our family lived in the same area in Pennsylvania, and also Pastor Chris and my son Peter shared similar experiences in the Navy.

"It is and has been a great privilege and blessing being an American Dane through this wondrous journey called life!"

*Submitted by Bill Honey, Elder*



## YOUTH GROUP

Hello Cascades Church Family,

The youth group has been blessed with a wonderful start to 2024. Our discussions on Wednesday nights have been about identity, safety, and growth in relationships (family, friends, and romantic) and the Christian's role in politics.

Each month we've also gotten to have a community building event. In January, we went bowling together. February saw us all arrive at Bonaventure of Salmon Creek to host a bingo session. The residents really appreciated getting to spend the afternoon with the youth group. I told everyone I felt like I was at a family reunion, as two of my most precious worlds were colliding. Each member of the youth group was an excellent bingo caller. Finally, this month was our Bunco night. We had a wonderful evening of fellowship and fun and were able to raise money for our campership fund.

In our Sunday school, we've gone through a "Reformed Theology" series that asked questions about sovereignty, free will, sin, and biblical interpretation. Each member of this group continues to amaze me in their thoughtfulness and consideration of difficult topics. They are, as Renee always says, such good thinkers.

Thank you to Greg, Cordell, and Becky for all their support, presence, and snacks. Thank you Cascades and parents for trusting me to lead this group; I am very honored. Thank you also to the youth group for wrestling through issues, praying for each other, and putting up with my silly ideas.

Attached is my favorite picture from Bingo at Bonaventure Love from,



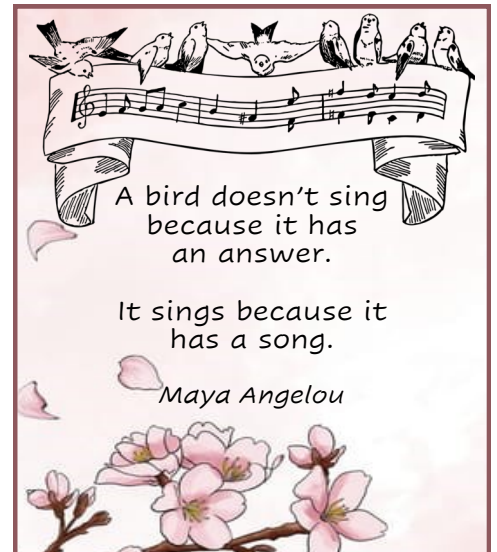
## MARCH SESSION NOTES

Began with devotions on Ecclesiastes 4:9 and talked about the importance of supportive friendships. Received transfers of several new members. Discussed neighborhood complaints about people using quad ATVs in the parking and property during snow. Might look into adding speed bumps to slow people down and prevent them from doing donuts. Discussed the increase in janitorial supplies. May need to adjust rent for increases. Adding Easter Sunday Brunch between services. Pastor Chris shared how Benevolence Board is rethinking the way they do benevolence to be more inline with Benevolence principals taught from The Chalmers Center. Approved several grants from Benevolence Board. New members class is shaping up. Excited to celebrate new folks. Received resignation from one session elder due to health limitations. Nominating committee to start soon. Approved facility use for flute recital. Overall we are asking how we can do more with less and discern how God wants to use us. This might mean doing things differently or letting go of some ministries that have not been as fruitful lately.





CALENDAR			BIRTHDAYS	
April 1	12:30pm	Bowling Fellowship	Teddy Chapman	
April 2	7:00pm	Deacons Meeting	Arya Dayal	
April 3	12:30pm	Bowling Fellowship	Artie Schaeffer	
	6:30pm	Worship Team	Olivia Scott	
April 4	1:30pm	Giving Hands Ministry	Jonah Shewbert	
	6:45pm	Choir Practice	Virginia Stabler	
April 6	9:00am	New Members Celebration	Gordon Zenk	
April 7	9:00am	Pancake Breakfast		
	10:15am	Worship Service		
	11:30am	New Members Celebration		
April 8	12:30pm	Bowling Fellowship		
April 9	7:00pm	Session Meeting		
April 10	12:30pm	Bowling Fellowship		
	6:30pm	Youth Group		
	6:30pm	Worship Team		
April 11	1:30pm	Giving Hands Ministry		
	6:45pm	Choir Practice		
April 13	5:30pm	Men's Texas Hold'em Poker		
April 14	9:00am	Sunday School All Ages		
	10:15am	Worship Service		
April 15	12:30pm	Bowling Fellowship		
April 17	12:30pm	Bowling Fellowship		
	6:30pm	Youth Group		
	6:30pm	Worship Team		
April 18	1:30pm	Giving Hands Ministry		
	6:45pm	Choir Practice		
April 20	10:00am	Craft and Plant Fair		
	5:30pm	Family Game Night		
April 21	9:00am	Sunday School All Ages		
	10:15am	Worship Service		
	11:30am	Top of the Hill Potluck		
April 22	12:30pm	Bowling Fellowship		
April 24	12:30pm	Bowling Fellowship		
	6:30pm	Youth Group		
	6:30pm	Worship Team		
April 25	1:30pm	Giving Hands Ministry		
	6:45pm	Choir Practice		
April 28	9:00am	Sunday School All Ages		
	10:15am	Worship Service		
April 29	12:30pm	Bowling Fellowship		
			<b>ANNIVERSARIES</b>	
			Steve & JoAnn Blinsman	
			<b>FEBRUARY FINANCES</b>	
			Income \$20,322.66	
			<u>Expenses \$20,403.20</u>	
			Total (\$ 80.54)	
			<u>Year to Date 2024</u>	
			(\$ 8046.07)	





**CASCADES**  
PRESBYTERIAN CHURCH

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PLEASE  
PLACE  
STAMP  
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RETURN SERVICE  
REQUESTED

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**NEW MEMBERS CELEBRATION BREAKFAST**  
April 6 @ 9:00am

**PANCAKE BREAKFAST**  
April 7 @ 9:00am

**CRAFT & PLANT FAIR**  
April 20 @ 10:00am

**NEW MEMBERS CELEBRATION LUNCHEON**  
April 7 @ 11:30am

**FAMILY GAME NIGHT**  
April 20 @ 5:30pm

**MEN'S TEXAS HOLD'EM POKER**  
April 13 @ 5:30pm

**TOP OF THE HILL POTLUCK**  
April 21 @ 11:30am

**SUNDAY WORSHIP**  
10:15am Worship Service